#### Resources

Brazos Valley Aging & Disability Resource Center

3991 East 29<sup>th</sup> Street Bryan, Texas

(979) 595-2831 or 1-855-YES-ARDC (1-855-9372372)

Elder Aid (979) 823-5127

Meals on Wheels

(979) 823-2203

United Way 211



#### **WATCH OUT FOR SCAMS!**

Don't give your social security number, credit card, checking, or savings account information over the phone.

The Sheriff 's Office will never call you asking for money.



#### Contact Us

R U OK Senior Program
Brazos County Sheriff's Office
1700 W State Hwy 21
Bryan, TX 77803
979-775-7865 (RUOK)
vmasco@brazoscountytx.gov



## R U OK? Senior Program



Provided by the Brazos County Sheriff's Office



### R U OK? Program

The R U OK? program is a free program designed to check up on our Brazos County Senior and Homebound Citizens, living alone, residing outside of the city limits of Bryan-College Station. Each week at a pre-arranged time volunteers working out of the Brazos County Sheriff's Office will place a call to our senior and homebound clients.

# Frequently Asked Questions

#### What is this program?

This is a free program for seniors over 65 years of age or homebound citizens who live alone and do not have anyone to check on them.

#### How does the program work?

A volunteer will call the client at a designated day and time each week.

### What happens if I do not answer?

If the volunteer calls and the client does not answer, a deputy will be dispatched to conduct a wellness check and ensure the client is ok.

### How do I enroll in the program?

Fill out an application and return the form to the Brazos County Sheriff's Office.



#### **Benefits of the Program**

Contacting a senior or homebound citizen on a weekly basis helps reassure their well-being and gives them a feeling of security.

Provides family members the peace of mind that someone is checking in on their loved one.

"Trusted volunteers will be conducting all phone calls to our senior and homebound citizens."